



Our department webpage is full of useful tools, resources and information to help students and parents navigate the high school experience related to:

- College Search Tools
- Scholarship Search Tools
- College Admissions
- Financial Aid
- Career Exploration
- College Visits
- Calendar of Events
- Important News
- Summer Opportunities
- Outside Resources
- Useful Links

To access our Department webpage, visit St. Joe's website:

[www.stjoeshs.org](http://www.stjoeshs.org)

Click on  
"Counseling Department"  
found under  
**Academics**

## School Counselor

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**ST. JOSEPH HIGH SCHOOL**

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St. Joseph  
High School



**Counseling Department  
Resources, Services and  
General Information**

# Counseling Department Services

## The Counseling Team

School counselors at **SJHS** provide a comprehensive counseling program based on the national model and standards set forth by the American School Counseling Association (ASCA). The ASCA model focuses on the three developmental domains of academics, college & career and personal-social. School counselors meet with students in a variety of ways to address these developmental areas mainly through individual counseling, small group counseling, classroom guidance lessons and periodic check-ins.



School counselors can assist with: college applications & information, career exploration, letters of recommendation, transcripts, ACT & testing information, course selection, academic support, personal concerns, problem-solving & coping skills, work permits and much more.

Services offered by the counseling department involve a proactive approach integrating prevention, education, remediation and crisis management to foster and enhance the learning process. School counselors are trained in identifying the need for long-term counseling support and are able to direct students and parents to appropriate outside resources. Through collaboration with parents, teachers and other professional staff, our school counseling program helps to ensure students have access to and are prepared with the knowledge and skills to become productive members of society.

## What You Can Expect

### Freshman Year

- Introduction to the counseling department
- *High School Success 101* presentation
- Explanation of high school graduation requirements and college entrance requirements
- Introduction to the 4-year high school plan
- Classroom guidance lessons focusing on:
  - Organization & Time Management
  - Note-taking & Study Skills
  - Using Edline
  - Self-advocacy
- Assessment of skills using the EXPLORE test
- Spring check-in for course selections
- Academic & attendance monitoring by counselors

### Sophomore Year

- Assessment of skills using the PLAN test
- Check-in to assess progress towards graduation
- Update to 4-year high school plan
- *Erika's Lighthouse* curriculum in health class which focuses on teen depression and suicide prevention
- Spring check-in for course selections
- Academic & attendance monitoring by counselors



## What You Can Expect

### Junior Year

- Assessment of skills using a practice ACT
- Invitation to take the ACT Prep Class
- Progress towards graduation check-in
- Classroom guidance introducing the college search and application process
- College Planning Night
- Meeting with visiting college representatives
- **SJHS** Career Fair
- MACC College Fair at **SJHS**
- Spring check-in for course selections
- Academic & attendance monitoring



### Senior Year

- Assessment of academic & vocational skills
- Completion of the 4-year plan
- Check-in for graduation requirements
- College application process explored and explained in depth with each senior student
- Assistance with college applications
- Assistance with letters of recommendation and transcript requests
- College Planning Night
- Meet with visiting college representatives
- **SJHS** Career Fair
- MACC College Fair at **SJHS**
- AP Testing
- Academic & attendance monitoring